



Excelsior Classical Academy's prevention and protection protocols are informed by the Centers for Disease Control and Prevention's (CDC) [Operational Guidance for K-12 Schools](#) and collaboration with the Durham County Department of Public Health.

With health and safety as our first priority, each of us has a responsibility to know and act on these standards and protocols in a way that maximizes a safe and healthy environment for us to teach, work, learn and live.

Students and staff with symptoms of COVID-19 should stay home until they have been tested for COVID-19 via a Rapid Antigen or PCR test. At-Home Rapid tests are acceptable.

If a student tests positive for COVID-19, the student will need to quarantine for 5 full days (with Day 0 being the day symptoms begin or the day of the positive test, whichever comes first). The student may return on Day 6 but will need to wear a mask for an additional 5 days. Please email the Health office at nurses@excelsiorca.org so we can provide guidance on a return date to school.

If the COVID-19 test results are negative, the student may return to school once they have been fever free for 24 hours without the use of medication and symptoms are improving.

If a sibling or family member of a student who lives in the same household tests positive for COVID-19, the student can still attend school as long as they have no symptoms. It is **recommended** to test 5 days after the last exposure to the positive household member.

COVID-19 Symptoms

- Fever or chills

- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

ADDITIONAL INFORMATION:

Masks are optional at Excelsior Classical Academy and anyone who chooses to do so will be supported by their peers and staff.

If you have any questions - Please contact your school healthcare team at nurses@excelsiorca.org or you may reach out individually as listed below.

Ashley Chewning, RN, BSN - Ashley.Chewning@excelsiorca.org

Carlie Upchurch, RN, BSN - Carlie.Upchurch@excelsiorca.org

Laura Williford, Assistant Health Personnel - Laura.Williford@excelsiorca.org